

# OTOPLASTY DISCHARGE INSTRUCTIONS

## FOLLOW UP CARE

- Do NOT remove head dressing until your follow up appointment
- Use a headband/sweatband for one month after your follow up appointment
- If a follow up appointment was not made the day of surgery, please call the office to make one

## OPERATIVE SITE

- If skin glue was used to close your incision (shiny plastic like coating) no wound care is required
- If sutured, clean the incision with hydrogen peroxide three times a day for two days. After cleaning the incision, apply bacitracin ointment three times a day for three days then switch to Vaseline or Aquaphor ointment.

## ACTIVITY

- Do not drive for 24 hours or while taking narcotic pain medication
- Keep incision dry for 36 hours. After 36 hours the incision can get wet but do not rub the incision, blot to dry.

## DIET

- Resume previous diet as tolerated

## MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

## PROBLEMS TO WATCH FOR

- Fever over 101.4
- Uncontrolled Nausea/Vomiting
- Increased swelling, redness or drainage at the incision site

**Call your doctor with ANY problems that concern you: Phone # (843) 766-7103.** If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

Date of Follow-up visit \_\_\_\_\_ Time \_\_\_\_\_

\_\_\_\_\_  
 Patient / Responsible Party

\_\_\_\_\_  
 Nurse Signature

